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# VEGETABLE PRODUCTS



# TOUM SAUCE (GARLIC SAUCE)

HIGH IN PROTEIN  
REDUCED FAT

Nutrition Facts		
6 Servings per container Serving size 100g		
Amount per serving		
<b>Calories</b>		<b>241 Kcal</b>
Daily Value %		
<b>Total Fat</b>	22.50 g	32.14
Saturated Fat	1.4 g	7.00
Trans Fat	0 g	0.00
<b>Cholesterol</b>	5 mg	1.67
<b>Sodium</b>	922.05 mg	15.39
<b>Total Carbohydrate</b>	8.3 g	4.91
Dietary Fibre	0 g	0.00
Total Sugar	0 g	0.00
Includes Added Sugar	0 g	0.00
<b>Protein</b>	1.10g	2.20

\* The % Daily Value (DV) tells you how much a nutrient in serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

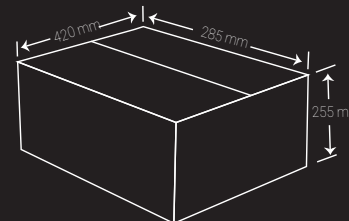


6 KG

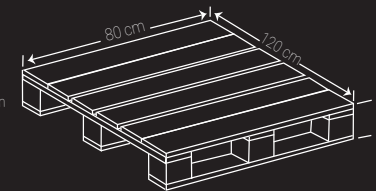
NET WEIGHT

## Cooking Instructions

Defrost the frozen Toum Sauce at refrigerated temperature. Once defrosted, store it in refrigerated condition (0 to 5 °c) and consume within 5 days.



1 Kg x 6 Packs  
Weight 6 Kg



40Feet Container 81/85Carton Per Pallet  
Racking System 48 Carton Per Pallet



# MUSHROOM SAUCE

HIGH IN PROTEIN  
REDUCED FAT  
FULLY COOKED

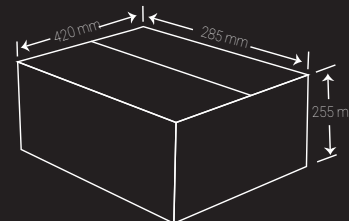
Nutrition Facts	
10 Servings per container Serving size 100g	
Amount per serving	
<b>Calories</b>	<b>65 Kcal</b>
Daily Value %	
<b>Total Fat</b>	3.54 g 5.06
Saturated Fat	0.49 g 2.45
Mono Unsaturated fat	0.71 g 0.00
Polyunsaturated fat	1.63 g 0.54
<b>Sodium</b>	0.67 mg 0.03
<b>Total Carbohydrate</b>	4.36 g 1.68
Dietary Fibre	0.35 g 1.25
Total Sugar	1.76 g 3.52
Includes Added Sugar	0.1 g 0.20
<b>Protein</b>	3.80 g 7.60

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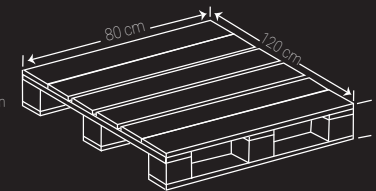


10 KG

NET WEIGHT



500 gm x 20 Packs  
Weight 10 Kg



40Feet Container 70 Carton Per Pallet  
Racking System 50 Carton Per Pallet



# FALAFEL 40G

REDUCED FAT

Nutrition Facts		
10 Servings per container		
Serving size 100 g		
Amount per serving		
Calories		<b>145KCal</b>
Daily Value %		
Total Fat	2.29g	3.27
Saturated Fat	0.47g	2.35
Trans Fat	0g	0.00
Cholesterol	0.1mg	0.03
Sodium	4061mg	20.46
Total Carbohydrate	25.32g	9.74
Dietary Fibre	3.8g	13.57
Total Sugar	0.1g	0.20
Includes Added Sugar	0.1g	0.20
Protein	5.68g	11.36

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10 KG

NET WEIGHT

## Cooking Instructions



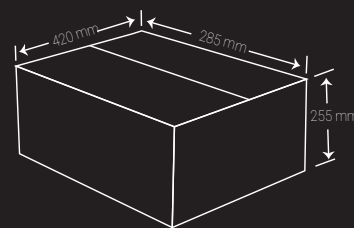
DEEP FRY

In Hot Oil on medium heat  
180°C 3 TO 5 minutes or  
until get brown color

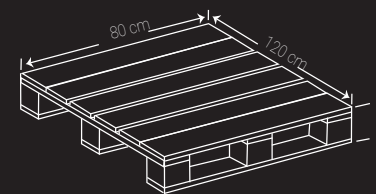


PAN FRY

Cook till warm.



1 Kg x 10 Packs  
Weight 10 Kg



40Foot Container 64 Carton Per Pallet  
Racking System 36 Carton Per Pallet



# VEGETABLE BURGER 55G

Nutrition Facts		
10 Servings per container		
Serving size 100 g		
Amount per serving		
<b>Calories</b>	<b>190KCal</b>	
	Daily Value %	
<b>Total Fat</b>	3.80g	5.43
Saturated Fat	1.82g	9.10
Trans Fat	0g	0.00
<b>Cholesterol</b>	0mg	0.00
<b>Sodium</b>	449.70mg	18.74
<b>Total Carbohydrate</b>	32.3g	12.42
Dietary Fibre	1.1g	3.93
Total Sugar	4.96g	9.92
Includes Added Sugar	0.77g	1.54
<b>Protein</b>	6.70g	13.40

\*% Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet 2000 calories a day"



10 KG

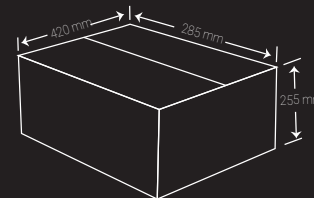
NET WEIGHT

## Cooking Instructions

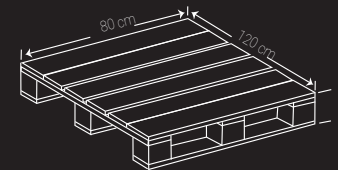


DEEP FRY

In hot oil on medium heat (180c) for about 3-5 minutes or until golden brown



1 Kg x 10 Packs  
Weight 10 Kg



40Feet Container 64 Carton Per Pallet  
Racking System 36 Carton Per Pallet



# CHEESE SAMOSA

## Nutrition Facts

4.8 Servings per container  
Serving size 100 g

Amount per serving

**Calories** **330 Kcal**

Daily Value %

<b>Total Fat</b>	15.00g	21.43
Saturated Fat	3.8g	19.00
Mono Unsaturated fat	3.9g	
Poly unsaturated fat	6.8g	2.27
<b>Sodium</b>	268.00mg	11.17
<b>Total Carbohydrate</b>	29.59g	11.38
Crude Fibre	1.13g	4.04
Total Sugar	0.57g	1.14
Iron	1.95g	3.90g
<b>Protein</b>	19.18g	38.36

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4.8 KG

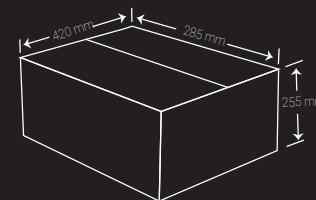
NET WEIGHT

## Cooking Instructions

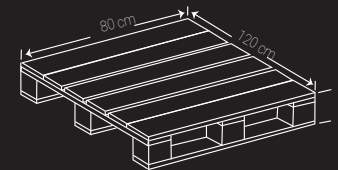


DEEP FRY

For best result, Hot oil at 180°C approx. 4 to 5 minutes. or until golden brown.



1.2 Kg x 4 Packs  
Weight 4.8 Kg



40Feet Container 64 Carton Per Pallet  
Racking System 36 Carton Per Pallet



# CHEESE SPRING ROLL

## Nutrition Facts

4.8 Servings per container  
Serving size 100 g

Amount per serving

**Calories** **219 Kcal**

Daily Value %

<b>Total Fat</b>	7.10g	10.14
Saturated Fat	6.1g	30.50
Trans Fat	0g	0.00
<b>Cholesterol</b>	5mg	1.67
<b>Sodium</b>	496.85mg	20.70
<b>Total Carbohydrate</b>	32.8g	12.62
Dietary Fibre	1.2g	4.29
Total Sugar	6.01g	12.02
Includes Added Sugar	0.24g	0.48
<b>Protein</b>	6.10g	12.20

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4.8 KG

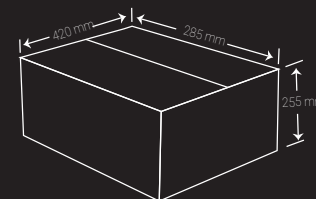
NET WEIGHT

## Cooking Instructions

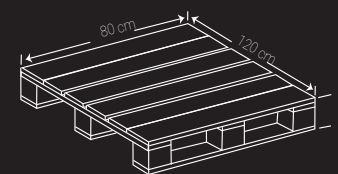


DEEP FRY

For best result, Hot oil at 180°C  
approx. 4 to 5 minutes. or until  
golden brown.



1.2 Kg x 4 Packs  
Weight 4.8 Kg



40Feet Container 64 Carton Per Pallet  
Racking System 36 Carton Per Pallet



# VEGETABLE SAMOSA

## Nutrition Facts

4.8 Servings per container		
Serving size 100 g		
Amount per serving		
<b>Calories</b>	<b>158KCal</b>	
	Daily Value %	
<b>Total Fat</b>	2.80g	4.00
Saturated Fat	1.1g	5.50
Trans Fat	0g	0.00
<b>Cholesterol</b>	0mg	0.00
<b>Sodium</b>	337.10mg	14.05
<b>Total Carbohydrate</b>	28.4g	10.92
Dietary Fibre	3.5g	12.50
Total Sugar	5.72g	11.44
Includes Added Sugar	0.8g	1.60
<b>Protein</b>	5.10g	10.20

\*\*% Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet 2000 calories a day"



4.8 KG

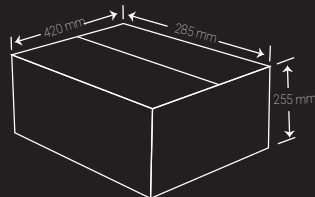
NET WEIGHT

### Cooking Instructions

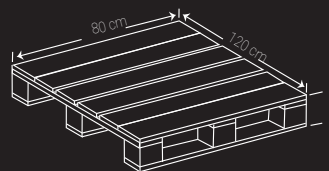


DEEP FRY

For best result, Hot oil at 180°C approx. 4 to 5 minutes. or until golden brown.



1.2 Kg x 4 Packs  
Weight 4.8 Kg



40Feet Container 64 Carton Per Pallet  
Racking System 36 Carton Per Pallet





# VEGETABLE SPRING ROLL

## Nutrition Facts

4.8 Servings per container  
Serving size 100 g

Amount per serving

**Calories** **143 Kcal**

Daily Value %

<b>Total Fat</b>	2.24g	3.20
Saturated Fat	0.85g	4.25
Trans Fat	0g	0.00
<b>Cholesterol</b>	0mg	0.00
<b>Sodium</b>	434.30mg	18.10
<b>Total Carbohydrate</b>	26g	10.00
Dietary Fibre	2.5g	8.93
Total Sugar	6.69g	13.38
Includes Added Sugar	0.78g	1.56
<b>Protein</b>	4.84g	9.68

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4.8 KG

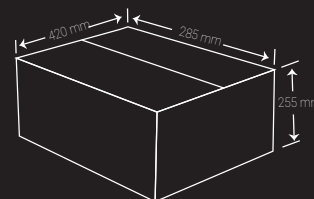
NET WEIGHT

## Cooking Instructions

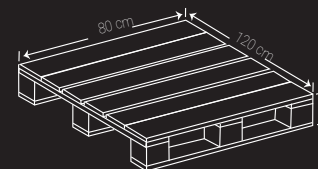


DEEP FRY

For best result, Hot oil at 180°C  
approx. 4 to 5 minutes, or until  
golden brown.



1.2 Kg x 4 Packs  
Weight 4.8 Kg



40Feet Container 64 Carton Per Pallet  
Racking System 36 Carton Per Pallet



# CHEESE AND JALAPENO SPRING ROLLS

## Nutrition Facts

4.8 Servings per container  
Serving size 100 g

Amount per serving

**Calories** **226KCal**

Daily Value %

<b>Total Fat</b>	9.80g	14.00
Saturated Fat	6.76g	33.80
Trans Fat	0g	
<b>Cholesterol</b>	0.1mg	0.03
<b>Sodium</b>	427.22mg	17.81
<b>Total Carbohydrate</b>	25.02g	9.62
Dietary Fibre	1g	3.57
Total Sugar	6.1g	12.20
Added Sugar	0.4g	0.80g
<b>Protein</b>	9.50g	19.00

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4.8 KG

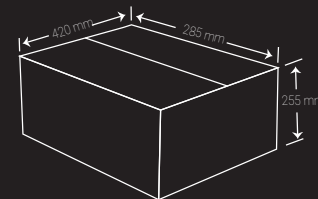
NET WEIGHT

## Cooking Instructions

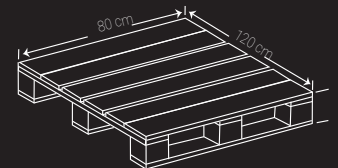


DEEP FRY

Heat the oil up to 180°C. Deep fry the frozen rolls for 3-5 minutes or until golden brown



1.2 Kg x 4 Packs  
Weight 4.8 Kg



40Feet Container 64 Carton Per Pallet  
Racking System 36 Carton Per Pallet



# JALAPENO CHEESE POPPERS

Air Fryer & Oven Friendly

Nutrition Facts		
10 Servings per container		
Serving size 100 g		
Amount per serving		
<b>Calories</b>		<b>212.00</b>
Daily Value %		
<b>Total Fat</b>	11.00g	16.92
Saturated Fat	4.6g	23.00
<b>Sodium</b>	520.00mg	21.67
<b>Total Carbohydrate</b>	21.00g	7.00
Dietary Fibre	0.80g	3.20
Total Sugar	2.50g	
Added Sugar	0.1g	
<b>Protein</b>	7.70g	15.40

\* The % Daily Value (DV) tells you how much a nutrient in servings of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



10 KG

NET WEIGHT

## Cooking Instructions



DEEP FRY

in hot oil on medium heat at 180°C for 3 to 4 minutes.



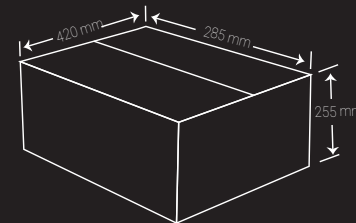
AIR FRY

in a pre-heated Air fryer at 200°C for approx. 7 to 9 minutes.

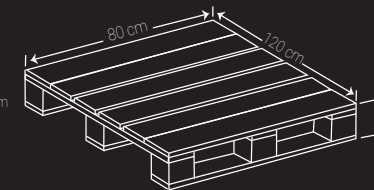


CONVENTIONAL OVEN

in a pre-heated oven at 180°C for approx. 7 to 9 minutes.



1Kg x 10 Packs  
Weight 10 Kg



40Foot Container 64 Carton Per Pallet  
Racking System 34 Carton Per Pallet



# JALAPENO & CHEESE SPRING ROLL

Nutrition Facts		
10 Servings per container		
Serving size 100 g		
Amount per serving		
<b>Calories</b>	<b>226KCal</b>	
Daily Value %		
<b>Total Fat</b>	9.80g	14.00
Saturated Fat	6.76g	33.80
Trans Fat	0g	
<b>Cholesterol</b>	0.1mg	0.03
<b>Sodium</b>	427.44mg	17.81
<b>Total Carbohydrate</b>	25.02g	9.62
Dietary Fibre	1g	3.57
Total Sugar	6.1g	12.20
Added Sugar	0.4g	0.80g
<b>Protein</b>	9.50g	19.00

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4.8 KG

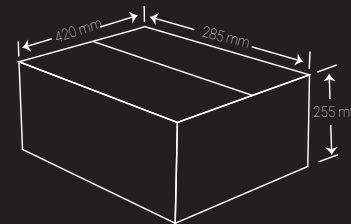
NET WEIGHT

## Cooking Instructions

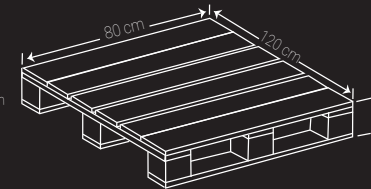


DEEP FRY

in hot oil on heat at 180°C  
for 3 to 5 minutes.



1.2Kg x 4 Packs  
Weight 4.8 Kg



40Feet Container 64 Carton Per Pallet  
Racking System 34 Carton Per Pallet



# HALLOUMI FRIES

Air Fryer &  
Oven Friendly  
Par Cooked

Nutrition Facts		
10 Servings per container		
Serving size 100 g		
Amount per serving		
<b>Calories</b>	<b>305.48KCal</b>	
Daily Value %		
<b>Total Fat</b>	24.52g	35.03
Saturated Fat	15.32g	76.60
Trans Fat	0g	
<b>Sodium</b>	028mg	0.01
<b>Total Carbohydrate</b>	1.3g	0.50
Dietary Fibre	0g	0.00
Total Sugar	1.3g	2.60
Added Sugar	0g	0.00g
<b>Protein</b>	21.20g	42.40
* The % Daily Value (DV) tells you how much a nutrient in servings of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		



10 KG  
NET WEIGHT

### Cooking Instructions



DEEP FRY

in hot oil on heat at 180°C for 2.5 to 3.5 minutes.



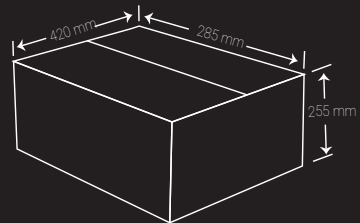
AIR FRY

in a pre-heated Air fryer at 200°C for approx. 6 to 8 minutes.

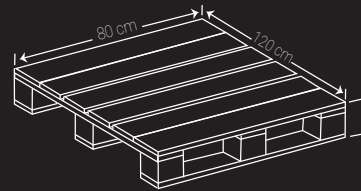


CONVENTIONAL OVEN

in a pre-heated oven at 180°C for approx. 6 to 8 minutes.



1Kg x 10 Packs  
Weight 10 Kg



40Foot Container 64 Carton Per Pallet  
Racking System 34 Carton Per Pallet



# ITALIAN BREADED MOZZERELLA CHEESE STICKS

Air Fryer &  
Oven Friendly

Nutrition Facts		
10 Servings per container		
Serving size 100g		
Amount per serving		
<b>Calories</b>	<b>275 Kcal</b>	
	Daily Value %	
<b>Total Fat</b>	11 g	15.71
Saturated Fat	6 g	30.00
Trans Fat	0 g	0.00
<b>Cholesterol</b>	36 mg	12.00
<b>Sodium</b>	558 mg	23.25
<b>Total Carbohydrate</b>	27 g	10.38
Dietary Fibre	1 g	3.57
Total Sugar	1 g	2.00
Includes Added Sugar	0 g	0.00
<b>Protein</b>	17 g	34.00
Vitamin D	56 mcg	7.00
Calcium	370 mg	37.00
Iron	0.66 mg	3.00

\* The % Daily Values (DV) tells you how much a nutrient in serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



10 KG

NET WEIGHT

## Cooking Instructions



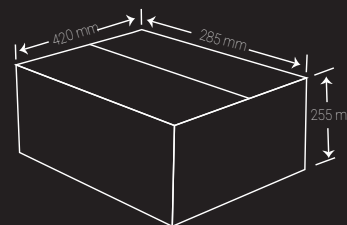
DEEP FRY

in hot oil on heat at 350°F  
for 3 minutes. Allow to stand  
for 1 minute before serving.

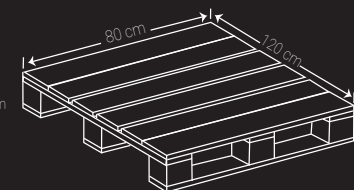


CONVENTIONAL OVEN

in preheated oven  
at 400°F for 9-10 minutes  
Allow to stand for 1 minute  
before serving.



1Kg x 10 Packs  
Weight 10 Kg



40Foot Container 64 Carton Per Pallet  
Racking System 34 Carton Per Pallet